

# Winnies and Nickers

Horses Making  
Miracle...  
One Rider at a

October 2009

Volume 4 Issue 9

## Awards Celebration and Cook-Off!

Don't miss out on the fun!

When: Oct. 17, 2009

Where: Pretty Pony Pastures

Time: 2:00 to 4:00 pm

Cost: Free (Bring a dish to pass, non-alcoholic beverage and a chair. See rules below if you are entering the cook-off or want to judge.)

**We will be honoring all of our riders and volunteers, so bring your entire family and friends!**



### Hearty Soup Cook-off!

Yes, bring your favorite hearty soup. We'll be the judge as to who makes the best soup around.

Rules to enter the Cook-off:

Dish **MUST** be considered a soup—not a casserole, stew or goulash. Just add your special ingredients that make it your best soup ever.

Entry Fee: \$10.00

Prize: **50% of the entry fee** (if there are 10 soups entered—the winning cook will receive \$50)

Judging Fee: \$1.00—one ticket—vote for as many soups as you want!

### Can't Get Enough Horse Time?

If you would like to spend more with horses AND your riding ability is at *Intermediate*, then you qualify for our *Training Horses Night*. This year we are opening up two classes on Tuesday evenings from 5:00 to 6:30. The focus of the class is working with a horse on the **ground**. There will be **NO** riding during these sessions. Instead, you will be learning how to read a horse, how a horse learns, how to teach a horse to move the way you want it to move when riding. You will be working with one of our "young" horses.

The class is free, but you must be committed to coming every Tuesday.

### Calendar of Events

**October 3—Amy Miljour—2:00 pm**  
Natural Health for animals—our barn

**October 10—Experience the Horse—**  
2:00 pm to 4:00 pm. Our annual open house for those who want to learn more about therapeutic riding. This is a good opportunity to bring a friend who has asked about the possibility of riding.

**October 11—No morning classes.** Amy will be taking Leslie to Rattle Run Farms for a dressage show. Details at the sign-in table. Please come out and support them!

**October 17—Awards Celebration—**  
2:00 pm Potluck lunch—awards for all riders and volunteers

**November 26—29—Thanksgiving Weekend.** *No classes—enjoy.*

**December 24—January 3—Christmas holidays.** Classes resume January 4, 2010, weather permitting.

### Welcome to...

We'd like to welcome our new riders—Nicholas and Paul Tons, Madelyn Davis, Lauren Dorr, Lydia and Jared Denton, Jonathon Toney and Mitchell Stack, to our riding programs. We want to welcome back Jay Hodess as well. We look forward to watching their progress in our riding programs.

We are also fortunate to have Angela Stier and a *family* join us as volunteers on Sunday—Joeann Staugaard and her two daughters, Angel and Saule. Welcome!

We still could use more volunteers on Monday evening and Sunday afternoon from 3:30 pm to 6:00 pm. Who could you invite?



**Horses Making Miracle...  
One Rider at a Time**

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For up to the minute information, find us on Face Book!

## Natural Health for Animals

And people too!

Saturday, October 3, 2009—at 2:00 pm,

Amy Miljour, one of the volunteers who has been training Leslie in dressage, is a practitioner of biofeedback and naturopathy.

*"We're beginning now to understand things that we know in our hearts are true but we could never measure. As we get better at understanding how little we know about the body, we begin to realize the next big frontier...in medicine is energy medicine. It's not the mechanistic part of the joints moving. It's not the chemistry of our body. It's understanding for the first time how energy influences how we feel." – Dr. Oz*

The demonstration is free and Amy will be more than happy to discuss the benefits of biofeedback for you, your family member, or your pet.

## October Birthdays

The following riders and volunteers have birthdays in October.

- Julia Seitz
- Lauren Dorr
- Kathy Carter
- Nancy Starr
- Samantha Carlson
- Megan Byrd
- David Ruiz
- Alex Sims
- Nicole Latzman (missed in September)



Wishing you a happy birthday and a great year.

## Winter Wonderland

Winter is just around the corner! Even though I thought I saw a snow flake the other morning. Please be aware that the weather at our farm may be a lot different than the weather in your neighborhood.

We are closed if:

- Temperature or wind chill is 20<sup>o</sup> or less.
- Traveler's advisory is in effect
- Snowfall of 4 inches or more (check to see if our drive is plowed)
- Winds gusting to more than 35 mph or a Wind Advisory is in effect
- Severe weather warning (snow, ice, wind, temp, storm)
- Traveler's advisory is in effect.



If in doubt, please call our hot line at **248 245-0014**. We try to post closings as early in the day as possible, but always about two hours before class starts.

If your roads are bad, if your area is not safe for travel, just call and let us know that you are not coming. It's always wise to play it safe.

## Presidential Awards

All volunteers at Pretty Pony Pastures are now eligible to earn the *Presidential Volunteer Service Award* based on the number of hours served over the past year. This year nine of our volunteers will be honored with a certificate suitable for framing and a pin for their dedication to our therapeutic riding program. Pins and award levels are bronze, silver, and gold and are based on hours dependent on the age of the volunteer. Children under the age of 15 can earn the bronze award for 50 hours of service; all others need at least 100 hours of service to earn an award.

The recipients of this year (September 1, 2008—August 31, 2009) are:

Bronze Award:

- Jenna Hutchison
- Pam Martin
- Regan Tackett



Silver Award:

- Gloria Donal
- Becca Harrison
- Callie Keller
- Riley Keller
- Gillian Tackett



Gold Award:

- Amanda Martin



Certificates and pins will be distributed at our Awards Celebration.

Congratulations! Nine out of 18 active volunteers received this award. All volunteers provided of 1,500 hours of service!